Intensive Interdisciplinary Multimodal Pediatric Pain Management - outpatient and inpatient settings

June 13th - 15th, 2019 in Datteln, Germany

Organized in collaboration with

Pediatric Pain Rehabilitation Center
at Boston Children’s Hospital, Harvard Medical School, Boston, MA, USA,

&

German Pediatric Pain Center, Department of Children’s Pain Therapy and Pediatric Palliative Care
at Witten/Herdecke University, Germany
Dear colleagues,

It is with great pleasure that we announce a Professional Workshop on the topic

“Intensive Interdisciplinary Multimodal Pediatric Pain Management – outpatient and inpatient settings”

The program specifically focuses on the practical aspects and small group interactions with various experienced professionals in the field of pediatric chronic pain rehabilitation; psychologists, physical therapist, occupational therapists, nurses, social workers and physicians.
It is the objective of the course to enable meeting registrants opportunities to learn in-depth knowledge about the strengths, limitation and outcomes of two successful models of Interdisciplinary Pediatric Chronic Pain Rehabilitation Programs, and offering unique exposure to the inpatient model (German model) and outpatient day-hospital model (US model), as well as review hybrid models based on individual institutional resources.
Additionally this workshop will provide international participants an excellent venue for networking with other professionals, to discuss issues and challenges pediatric pain clinicians are facing.

We would like to invite you to take part in the Intensive Interdisciplinary Multimodal Pediatric Pain Management – A Professional Workshop in Datteln, Germany.

On behalf of the organizing team

Boris Zernikow
Navil F. Sethna
Course

Aims of the course

Participants gain knowledge required to build or further develop a multimodal pediatric pain management program. Moreover, the aims of the course are to exchange and expand theoretical as well as practical knowledge and to create a professional network for chronic pain management.

Teaching methods

Sessions will be held for:
- the whole group: lectures, case discussions
- for sub-groups of different disciplines: psychologists, medical doctors, pain nurses, physiotherapists (PT), occupational therapists (OT) and social workers.

Participants

The course addresses professionals (psychologists, medical doctors, pain nurses, physiotherapists, social workers, occupational therapists) and multi-professional teams working in the field of pediatric pain rehabilitation.

We encourage the teams to send several members representing the diversity of the treatment approach. Both trainees and experienced professionals are welcomed.

Please note: The course is limited to a maximum of 40 participants.

CME (Continuing Medical Education) were applied for.
## Contents
- The exact course can be found in the timetable on the left
- Characteristics of pediatric patients with chronic pain
- Multiprofessional assessment (with workshops for special groups)
- Treatment moduls (with workshops for special groups)
  - The Basis (A)
  - Coping Strategies (B)
  - Integrating the Family System (C)
  - Interventions in Comorbid Symptomatology (D)
- Pharmacological Therapy (E)
- Body-oriented Therapy and Nursing Interventions (F)
- Optional Interventions (G)
  - After Care (H)
- Case discussions
- Organizational issues

## Speakers (currently confirmed)
- Gabriele Berendt, Psychologist, Datteln, Germany
- Dr. Caitlin Conroy, Psychologist, Boston, USA
- Anna Cybulski, Occupational Therapist, Boston, USA
- Dr. Michael Dobe, Psychologist, Datteln, Germany
- Prof. Michael Frosch, Pediatrician, Datteln, Germany
- Veronica (Judy) Gaughan, RN, BSN, MSN, Boston, USA
- Dr. Holger Kriszio, Pediatrician, Datteln, Germany
- Prof. Navil F. Sethna, Anaesthesiologist, Boston, USA
- Katie Staines, Social Worker, Boston, USA
- Julie Shulman, PT, DPT, PCS, Boston, USA
- Dr. Julia Wager, Psychologist, Datteln, Germany
- Prof. Boris Zernikow, Pediatrician, Datteln, Germany

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### Timetable

<table>
<thead>
<tr>
<th>Time</th>
<th>Thursday June 13th</th>
<th>Friday June 14th</th>
<th>Saturday June 15th</th>
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<tr>
<td>07.00</td>
<td>ARRIVAL REGISTRATION</td>
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<td>07.30</td>
<td>Breakfast (Residenz Hotel)</td>
<td>Breakfast (Residenz Hotel), CHECK OUT</td>
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<td>08.00</td>
<td>Shuttle to workshop venue, Datteln</td>
<td>Shuttle to workshop venue, Datteln</td>
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<td>08.30</td>
<td>Treatment module A (60 min)</td>
<td>Organization of a pain program</td>
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<tr>
<td>09.00</td>
<td>The Basis</td>
<td>Organization of a pain program</td>
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<td>10.00</td>
<td>Coffee Break (15 min)</td>
<td>Coffee Break (15 min)</td>
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<tr>
<td>10.15</td>
<td>Treatment module B (90 min)</td>
<td>Organization of a pain program</td>
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<td>10.45</td>
<td>Coffee Break (15 min)</td>
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<td>11.30</td>
<td>Shuttle to workshop venue, Datteln</td>
<td>Treatment module H (30 min)</td>
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<td>12.00</td>
<td>Lunch (60 min)</td>
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<td>12.30</td>
<td>Chronic disabling pain. A closer look at the patient group (90 min)</td>
<td>Treatment module C (90 min)</td>
<td>Integrating the Family System</td>
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<td>14.30</td>
<td>Coffee Break (15 min)</td>
<td>Case discussions (120 min)</td>
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<td>15.15</td>
<td>Multiprofessional assessment (90 min)</td>
<td>Parallel Workshops for special groups (90-120 min)</td>
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<td>15.45</td>
<td>Coffee Break (15 min)</td>
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<tr>
<td>16.00</td>
<td>Multiprofessional assessment (90 min)</td>
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<tr>
<td>16.15</td>
<td>Parallel Workshops for special groups (90 min)</td>
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<td>16.45</td>
<td>Psychologists, Medical Doctors, PT/OT/Pain Nurses</td>
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<td>17.15</td>
<td>Shuttle to Residenz Hotel, Recklinghausen</td>
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<td>18.30</td>
<td>Break</td>
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<td>19.00</td>
<td>Come together, Dinner included (Residenz Hotel, Recklinghausen)</td>
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### Symbol Legend
- workshop
- come together, meals included
- group lecture
- break
Workshop Venue

German Pediatric Pain Centre
Children’s Hospital Datteln
Witten/Herdecke University
Dr.-Friedrich-Steiner-Str. 5
45711 Datteln, Germany

http://www.deutsches-kindenschmerzzentrum.de/en

About Datteln

The city “Datteln” is located in North Rhine-Westphalia. Datteln is accessible via a number of local and international airports: Düsseldorf (60 km), Köln/Bonn (105 km), Dortmund (45 km), Münster-Osnabrück (85 km).
Accommodation

All participants will stay at the “Residenz Hotel” in Recklinghausen. Buffet breakfast, use of wellness centre and internet are included.

Residenz Hotel
Josef-Wulff-Straße 75
45657 Recklinghausen

www.residenz-recklinghausen.de

A shuttle to the workshop venue in Datteln is organized.

We can also offer support for reaching the ISPP congress in Basel (e.g. free shuttle service to the airport).
Fee, Information & Contact

Course Fee

The step-wise course fee is based on the number of team members*:

- **One member of a team**: € 900 p.p.
- **Two members of one team** (different professions):
- **Three members of one team** (each a different profession):
  - € 800 p.p.
- **Four members of a team** (each a different profession):
  - the fourth member is free of charge. The other three pay € 800 p.p.

* Team members are colleagues working at the same hospital / university and must be of different professions to receive this discount; a proof from the institution is required

Financial support: Decision pending.

Payment

Please make your payment by bank transfer **AFTER** you have received confirmation of attendance.

Payee: Children’s Hospital Datteln
Discription/Reference: “Fortbildung Ped Pain”
IBAN: DE09 4266 1717 0100 2681 00

Or for transfers **within Germany**:

Vestische Kinder- und Jugendklinik Datteln
Stichwort “Fortbildung Ped Pain”
IBAN: DE09 4266 1717 0100 2681 00

Cancellation

Until 31/01/2019 - 80% refund
Until 31/03/2019 - 50% refund
Until 30/04/2019 - 20% refund
Later than 30/04/2019 - no refund

Contact Details

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Witten/Herdecke University
Dr.-Friedrich-Steiner-Str. 5
D 45711 Datteln
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Email: s.grothus@deutsches-Kinderschmerzzentrum.de

Intensive Interdisciplinary Multimodal Pediatric Pain Management – A Professional Workshop
Important publications

**German Paediatric Pain Center**


Hechler T, Ruhe AK, Schmidt P, Hirsch J, Wager J, Dobie M, Krummenauer F, Zernikow B.


**Pediatric Pain Rehabilitation Center at Boston Children’s Hospital**


# Registration

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<td>Surname</td>
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<td>Profession</td>
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<td>Team</td>
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<td>Accompanying team member(s)</td>
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<td>Institution</td>
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<td>Department</td>
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**Email address Office**

**Phonenumber**

**Home Address: Street, No.**

**Postal Code**  

**City**

**Email address Home**

**Phonenumber**

**Preferred contact address:**  
- home  
- office

**Date, Signature**

*Please note: All information will be sent via email.*

**Data protection**

Participants’ personal data will be stored in the Training and Further Education department at the Children’s Palliative Centre / German Children’s Pain Centre of the Vestische Kinder- und Jugendklinik, Datteln, and will not be passed on to third parties. Data provided will be used to process a participant invoice, and additionally to provide informative material and offers from both the Children’s Palliative Centre and German Children’s Pain Centre. Consent to the storage of data for the transmission of information and offers can be revoked at any time.