

Intensive Interdisciplinary Multimodal Pediatric Pain Management – outpatient and inpatient settings

June 13th – 15th, 2019 in Datteln, Germany



Organized in collaboration with

Pediatric Pain Rehabilitation Center
at Boston Children's Hospital, Harvard Medical School, Boston, MA, USA,
&

German Pediatric Pain Center, Department of Children's Pain Therapy and Pediatric Palliative Care
at Witten/Herdecke University, Germany

Kindly supported by:



Dear colleagues,

It is with great pleasure that we announce a Professional Workshop on the topic

“Intensive Interdisciplinary Multimodal Pediatric Pain Management – outpatient and inpatient settings ”

The program specifically focuses on the practical aspects and small group interactions with various experienced professionals in the field of pediatric chronic pain rehabilitation; psychologists, physical therapist, occupational therapists, nurses, social workers and physicians.

It is the objective of the course to enable meeting registrants opportunities to learn in-depth knowledge about the strengths, limitation and outcomes of two successful models of Interdisciplinary Pediatric Chronic Pain Rehabilitation Programs, and offering unique exposure to the inpatient model (German model) and outpatient day-hospital model (US model), as well as review hybrid models based on individual institutional resources.

Additionally this workshop will provide international participants an excellent venue for networking with other professionals, to discuss issues and challenges pediatric pain clinicians are facing.

We would like to invite you to take part in the Intensive Interdisciplinary Multimodal Pediatric Pain Management – A Professional Workshop in Datteln, Germany.

On behalf of the organizing team



Boris Zernikow



Navil F. Sethna



Intensive Interdisciplinary Multimodal Pediatric Pain Management – A Professional Workshop

Course

Aims of the course

Participants gain knowledge required to build or further develop a multimodal pediatric pain management program. Moreover the aims of the course are to exchange and expand theoretical as well as practical knowledge and to create a professional network for chronic pain management.

Teaching methods

Sessions will be held for:

- the whole group: lectures, case discussions
- for sub-groups of different disciplines: psychologists, medical doctors, pain nurses, physiotherapists (PT), occupational therapists (OT) and social workers.

Participants

The course addresses **professionals** (psychologists, medical doctors, pain nurses, physiotherapists, social workers, occupational therapists) and **multi-professional** teams working in the field of pediatric pain rehabilitation.

We encourage the teams to send several members representing the diversity of the treatment approach. Both trainees and experienced professionals are welcomed.

Please note: The course is limited to a maximum of 40 participants.

CME (Continuing Medical Education) were applied for (german medical education points).

Timetable

Time	Thursday June 13 th	Friday June 14 th	Saturday June 15 th	
07.00	ARRIVAL REGISTRATION	Breakfast (Residenz Hotel)	Breakfast (Residenz Hotel), CHECK OUT	
07.30				
08.00				
08.30				
09.00				
09.30				
10.00				
10.15				
10.45				
11.30				Shuttle to workshop venue, Datteln
12.00	Lunch (60 min)	Lunch (60 min)	Lunch (60 min)	
12.30	Chronic disabling pain. A closer look at the patient group (90 min)	Treatment module C (90 min) Integrating the Family System	How to start or change structure at home (60 min)	
13.00				
13.30				
14.00				
14.30	Coffee Break (15 min)	Coffee Break (15 min)	Closing and Questions (60 min)	
14.45	Multiprofessional assessment (90 min)	Parallel Workshops for special groups (90-120 min)		
15.15		Supplementary Interventions in Comorbid Symptomatology (Psychologists)	Pharmacological Therapy (Medical Doctors)	Body-oriented Therapy and Nursing Interventions (PT/OT/Pain Nurses)
15.45			Interventions (Medical Doctors)	
16.00		Coffee Break (15 min)	Case discussions (120 min)	DEPARTURE
16.15		Multiprofessional assessment Parallel Workshops for special groups (90 min)		
16.45		Psychologists		
17.15		Medical Doctors		
17.45		PT/OT/ Pain Nurses		
17.45		Shuttle to Residenz Hotel, Recklinghausen	Come together, Dinner included (Datteln)	
18.30		Break		
19.00	Come together, Dinner included (Residenz Hotel, Recklinghausen)			
19.30				
20.00				
20.30				
21.00				

- workshop
- come together, meals included
- group lecture
- break

Contents

- The exact course can be found in the timetable on the left
- Characteristics of pediatric patients with chronic pain
- Multiprofessional assessment (with workshops for special groups)
- Treatment moduls (with workshops for special groups)
 - The Basis (A)
 - Coping Strategies (B)
 - Integrating the Family System (C)
 - Interventions in Comorbid Symptomatology (D)
- Pharmacological Therapy (E)
- Body-oriented Therapy and Nursing Interventions (F)
- Optional Interventions (G)
- After Care (H)
- Case discussions
- Organizational issues

Speakers (currently confirmed)

- Gabriele Berendt, Psychologist, Datteln, Germany
- Dr. Caitlin Conroy, Psychologist, Boston, USA
- Anna Cybulski, Occupational Therapist, Boston, USA
- Dr. Michael Dobe, Psychologist, Datteln, Germany
- Prof. Michael Frosch, Pediatrician, Datteln, Germany
- Veronica (Judy) Gaughan, RN, BSN, MSN, Boston, USA
- Dr. Holger Kriszio, Pediatrician, Datteln, Germany
- Prof. Navil F. Sethna, Anaesthesiologist, Boston, USA
- Katie Staines, Social Worker, Boston, USA
- Julie Shulman, PT, DPT, PCS, Boston, USA
- Dr. Julia Wager, Psychologist, Datteln, Germany
- Prof. Boris Zernikow, Pediatrician, Datteln, Germany

Intensive Interdisciplinary Multimodal Pediatric Pain Management – A Professional Workshop



Workshop Venue

German Pediatric Pain Centre Children's Hospital Datteln

Witten/Herdecke University
Dr.-Friedrich-Steiner-Str. 5
45711 Datteln, Germany

<http://www.deutsches-kinderschmerzzentrum.de/en>



About Datteln

The city "Datteln" is located in Northrhine-Westphalia. Datteln is accessible via a number of local and international airports: Düsseldorf (60 km), Köln/Bonn (105 km), Dortmund (45 km), Münster-Osnabrück (85 km).



Intensive Interdisciplinary Multimodal Pediatric Pain Management – A Professional Workshop

Accommodation

All participants will stay at the "Residenz Hotel" in Recklinghausen. Buffet breakfast, use of wellness centre and internet are included.

Residenz Hotel
Josef-Wulff-Straße 75
45657 Recklinghausen

www.residenz-recklinghausen.de

A shuttle to the workshop venue in Datteln is organized.

We can also offer support for reaching the ISPP congress in Basel (e.g. free shuttle service to the airport).



Fee, Information & Contact

Course Fee

The step-wise course fee is based on the number of team members*:

- **One member of a team:** € 900 p.p.
- **Two members of one team** (different professions): € 850 p.p.
- **Three members of one team** (each a different profession): € 800 p.p.
- **Four members of a team** (each a different profession): the fourth member is free of charge. The other three pay € 800 p.p.

* Team members are colleagues working at the same hospital / university and must be of different professions to receive this discount; a proof from the institution is required

Financial support: Decision pending.

Payment

Please make your payment by bank transfer **AFTER** you have received confirmation of attendance.

Payee: Children's Hospital Datteln

Description/Reference: "Fortbildung Ped Pain"

IBAN: DE09 4266 1717 0100 2681 00 BIC GENODEM1WLW

Or for transfers **within Germany:**

Vestische Kinder- und Jugendklinik Datteln
Stichwort "Fortbildung Ped Pain"
IBAN: DE09 4266 1717 0100 2681 00

Cancellation

Until 31/01/2019 - 80% refund
Until 31/03/2019 - 50% refund
Until 30/04/2019 - 20% refund
Later than 30/04/2019 - no refund

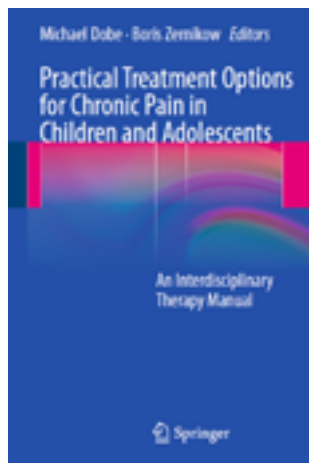
Contact Details

Mrs. Susanne Grothus
German Paediatric Pain Centre
Children's Hospital Datteln
Witten/Herdecke University

Dr.-Friedrich-Steiner-Str. 5
D 45711 Datteln
Phone: +49 2363 975 191
Fax: +49 2363 975 181
Email: s.grothus@deutsches-kinderschmerzzentrum.de

Intensive Interdisciplinary Multimodal Pediatric Pain Management – A Professional Workshop

Important publications



German Paediatric Pain Center

Stahlschmidt L, Friedrich Y, Zernikow B, Wager J. Assessment of Pain-related Disability in Pediatric Chronic Pain - A Comparison of the Functional Disability Inventory and the Paediatric Pain Disability Index. Clin J Pain 2018 Aug 21

Flack F, Stahlschmidt L, Dobe M, Hirschfeld G, Strasser A, Michalak J, Wager J, Zernikow B. Efficacy of adding interoceptive exposure to intensive interdisciplinary treatment for adolescents with chronic pain: a randomized controlled trial. Pain 2018 Jun 21

Stahlschmidt L, Zernikow B, Wager J. Satisfaction With an Intensive Interdisciplinary Pain Treatment for Children and Adolescents: An Independent Outcome Measure? Clin J Pain 2018;34(9):795-803.

Zernikow B, Ruhe AK, Stahlschmidt L, Schmidt P, Staratzke T, Frosch M, Wager J. Clinical and Economic Long-Term Treatment Outcome of Children and Adolescents with Disabling Chronic Pain. Pain Med 2018;19(1):16-28.

Zernikow B, Wager J, Brehmer H, Hirschfeld G, Maier C. Invasive treatments for complex regional pain syndrome in children and adolescents: a scoping review. Anesthesiology 2015;122(3):699-707.

Wager J, Zernikow B, Darlington A, Vocks S, Hechler T. Identifying subgroups of paediatric chronic pain patients: a cluster-analytic approach. Eur J Pain 2014;18(9):1352-62.

Hechler T, Ruhe AK, Schmidt P, Hirsch J, Wager J, Dobe M, Krummenauer F, Zernikow B.

Inpatient-based intensive interdisciplinary pain treatment for highly impaired children with severe chronic pain: randomized controlled trial of efficacy and economic effects. Pain 2014;155(1):118-28

Pediatric Pain Rehabilitation Center at Boston Children's Hospital

Randall ET, Smith KR, Conroy C, Smith AM, Sethna N, Logan DE. Back to Living: Long-term Functional Status of Pediatric Patients Who Completed Intensive Interdisciplinary Pain Treatment. Clin J Pain 2018;34(10):890-899.

Simons LE, Sieberg CB, Conroy C, Randall ET, Shulman J, Borsook D, Berde C, Sethna NF, Logan DE. Children With Chronic Pain: Response Trajectories After Intensive Pain Rehabilitation Treatment. J Pain 2018;19(2):207-218

Simpson NS, Scott-Sutherland J, Gautam S, Sethna N, Haack M. Chronic exposure to insufficient sleep alters processes of pain habituation and sensitization. Pain 2018;159(1):33-40.

Sieberg CB, Smith A, White M, Manganella J, Sethna N, Logan DE; Guest Editors: Cynthia A. Gerhardt, Cynthia A. Berg, Deborah J. Wiebe and Grayson N. Holmbeck. Changes in Maternal and Paternal Pain-Related Attitudes, Behaviors, and Perceptions across Pediatric Pain Rehabilitation Treatment: A Multilevel Modeling Approach. J Pediatr Psychol 2017;42(1):52-64.

Simons LE, Erpelding N, Hernandez JM, Serrano P, Zhang K, Lebel AA, Sethna NF, Berde CB, Prabhu SP, Becerra L, Borsook D. Fear and Reward Circuit Alterations in Pediatric CRPS. Front Hum Neurosci 2016; 19:9:703.

Becerra L, Sava S, Simons LE, Drosos AM, Sethna N, Berde C, Lebel AA, Borsook D. Intrinsic brain networks normalize with treatment in pediatric complex regional pain syndrome. Neuroimage Clin 2014; 6:347-69

Cornelissen L, Donado C, Kim J, Chiel L, Zurakowski D, Logan DE, Meier P, Sethna NF, Blankenburg M, Zernikow B, Sundel RP, Berde CB. Pain hypersensitivity in juvenile idiopathic arthritis: a quantitative sensory testing study. Pediatr Rheumatol Online J 2014;12:39

Registration

Please fill in

Ms/Mrs/Mr

Title

Surname

First name

Profession

Team

Accompanying team member(s)

Institution

Department

Office Address: Street, No.

Postal Code

City

Country

Emailaddress Office

Phonenumber

Home Address: Street, No.

Postal Code

City

Emailaddress Home

Phonenumber

Date, Signature

Preferred contact address: home office

Please note: All information will be sent via email.

Data protection

Participants' personal data will be stored in the Training and Further Education department at the Children's Palliative Centre / German Children's Pain Centre of the Vestische Kinder- und Jugendklinik, Datteln, and will not be passed on to third parties. Data provided will be used to process a participant invoice, and additionally to provide informative material and offers from both the Children's Palliative Centre and German Children's Pain Centre. Consent to the storage of data for the transmission of information and offers can be revoked at any time.

Intensive Interdisciplinary Multimodal Pediatric Pain Management – A Professional Workshop